

Patient Intake Form

Today's date _____

Name _____ Birth date _____

Address _____ Marital status _____ Ht. _____ Wt. _____ Age _____

Occupation _____ M F

City, State, Zip _____ Home phone _____ Work phone _____

E-mail _____ Cell, pager, etc. _____

Referred by _____ Blood Type _____

Emergency contact's name & phone _____

Main Problem: _____ Other Concurrent Therapies _____

Past Medical History (include date):

Significant Illnesses:

Cancer Diabetes High Blood Pressure Heart Disease
 Hepatitis Rheumatic Fever Thyroid Disease Seizures
 Other _____

<i>Surgeries:</i>		
<i>Significant Trauma</i> (auto accidents, falls, etc.)		
<i>Patient Birth History:</i> (prolonged labor, forceps delivery, etc.)		
<i>Allergies:</i> (drugs, chemicals, foods.)		
<i>Medicines</i> taken within the last two months (include vitamins, over-the-counter drugs, herbs, etc.)		
<i>Occupational Stresses</i> (Chemical, physical, psychological, etc.)		
<i>Exercise:</i>		
Average daily diet:		
Morning	Afternoon	Evening

Habits: ___Cigarettes ___Coffee ___Tea ___Cola ___Alcohol ___Drugs ___Sugar ___Salt Other _____

Family Medical History ___Diabetes ___Cancer ___High Blood Pressure ___Heart Disease ___Stroke ___Seizures
 ___Asthma ___Allergies ___Alcoholism ___Other _____

Notes: _____

GENERAL

- | | | | |
|----------------------------------------------------------------|---------------------------------------------|---------------------------------------------------------------|---------------------------------------|
| <input type="checkbox"/> Poor appetite | <input type="checkbox"/> Heavy appetite | <input type="checkbox"/> Poor Sleep | <input type="checkbox"/> Heavy Sleep |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Tremors | <input type="checkbox"/> Vertigo |
| <input type="checkbox"/> Cold hands | <input type="checkbox"/> Cold feet | <input type="checkbox"/> Cold Back | <input type="checkbox"/> Cold Abdomen |
| <input type="checkbox"/> Fevers | <input type="checkbox"/> Chills | <input type="checkbox"/> Night Sweats | <input type="checkbox"/> Sweat Easily |
| <input type="checkbox"/> Change in Appetite | <input type="checkbox"/> Localized weakness | <input type="checkbox"/> Poor Coordination | <input type="checkbox"/> Cravings |
| <input type="checkbox"/> Sudden energy drop at _____(time) | | <input type="checkbox"/> Peculiar tastes/smells _____ | |
| <input type="checkbox"/> Strong thirst (cold/hot drinks) _____ | | <input type="checkbox"/> Bleed or bruise easily (where) _____ | |

SKIN AND HAIR

- | | | | |
|------------------------------------------------------|----------------------------------|-----------------------------------------------------|---------------------------------------|
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Itching | <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Pimples | <input type="checkbox"/> Dandruff | <input type="checkbox"/> Loss of hair |
| <input type="checkbox"/> Change in hair/skin texture | <input type="checkbox"/> Purpura | <input type="checkbox"/> Other hair or skin problem | |

HEAD, EYES, EARS, NOSE, AND THROAT

- | | | | |
|-----------------------------------------------------------|--------------------------------------------------|------------------------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Concussions | <input type="checkbox"/> Migraines | <input type="checkbox"/> Glasses |
| <input type="checkbox"/> Eyestrain | <input type="checkbox"/> Eye pain | <input type="checkbox"/> Poor vision | <input type="checkbox"/> Night Blindness |
| <input type="checkbox"/> Color blindness | <input type="checkbox"/> Spots in eyes | <input type="checkbox"/> Cataracts | <input type="checkbox"/> Blurry vision |
| <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Earaches | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Poor hearing |
| <input type="checkbox"/> Nose bleeds | <input type="checkbox"/> Mucus | <input type="checkbox"/> Dry throat | <input type="checkbox"/> Dry mouth |
| <input type="checkbox"/> Copious Saliva | <input type="checkbox"/> Teeth problems | <input type="checkbox"/> Jaw clicks | <input type="checkbox"/> Facial Pain |
| <input type="checkbox"/> Grinding teeth | <input type="checkbox"/> Sores on lips or tongue | <input type="checkbox"/> Recurrent sore throat ___/mo. | <input type="checkbox"/> Gum problems |
| <input type="checkbox"/> Headaches (where and when) _____ | | <input type="checkbox"/> Other head or neck problems _____ | |

CARDIOVASCULAR

- High Blood Pressure
 - Cold Hands/Feet
 - Blood Clots
 - Low Blood Pressure
 - Swelling in Hands/Feet
 - Phlebitis
 - Irregular Heartbeat
 - Dizziness
 - Difficulty Breathing
 - Chest Pain
 - Fainting
 - Other
-

RESPIRATORY

- Cough
 - Pneumonia
 - Production of phlegm _____ what color _____
 - Coughing Blood
 - Tight Chest
 - Asthma
 - Difficulty in breathing in lying down
 - Other lung problems
 - Bronchitis
-

GASTROINTESTINAL

- Bowel Movement: _____ Frequency _____ Color _____ Odor _____ Texture/form _____
- Vomiting
 - Nausea
 - Constipation
 - Hemorrhoids
 - Laxative Use: _____/week; type: _____
 - Belching
 - Diarrhea
 - Black Stools
 - Sensitive Abdomen
 - Bad Breath
 - Rectal Pain
 - Bloody Stools
 - Pain or Cramps
 - Gas
-

GENITO-URINARY

- Pain on Urination
 - Urgency to urinate
 - Wake up to urinate
 - Frequent Urination
 - Unable to hold urine
 - How often _____/night; time: _____
 - Blood in urine
 - Venereal Disease
 - Kidney Stones
 - Impotency
 - Other
-

PREGNANCY AND GYNECOLOGY

- Number of Pregnancies
 - Age at first menses
 - Flow (describe)
 - Vaginal Discharge
 - Birth Control _____ type and duration _____
 - Number of Births
 - Period (days)
 - Clots
 - Vaginal Sores
 - Premature Births _____ Last Menses _____
 - Irregular Periods _____ Duration _____
 - Miscarriages _____ Last Pap _____
 - Breast Lumps _____ Menopause _____
 - Changes in body/psyche prior to menstruation
-

MUSCULORSKELETAL

- Neck Pain
 - Other joint or bone problems?
 - Muscle Pain
 - Back Pain (where) _____
 - Joint Pain _____
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NEUROPSYCHOLOGICAL

- Seizures
 - Depression
 - Treated for emotional problems
 - Other neurological or psychological problems?
 - Areas of numbness
 - Anxiety
 - Poor memory
 - Easily Stressed
 - Considered/attempted suicide
 - Concussion
 - Bad Temper
-

CLASSICAL

Preference	Most Liked	Least Liked
Season		
Taste		
Climate		
Time of Day		
Temperature		

- Color _____
- Tone _____
- Odor _____
- Yin/Yang _____
- Firm/Weak _____
- Hot/Cold _____
- Surface/Interior _____

COMMENTS
